

## **Helping your child prepare for their exams.**

The secret to doing well in exams lies in planning. You can help your child to create a clear revision plan and method of studying that will make them feel in control of their work.

### **Tips for Revision Planning**

- Work out a revision timetable for each subject. What will your child study when?
- Break revision time into small chunks - hour-long sessions with short breaks at the end of each session often work well.
- Make sure your child has all the essential books and materials.
- Condense notes onto postcards to act as revision prompts.
- Buy new stationery, highlighters and pens to make revision more interesting.
- Go through school notes with your child or listen while they revise a topic.
- Time your child's attempts at practice papers and help them mark them.

### **Other Tips to Support Revision**

- Embed revision routines early.
- Create a Revision Timetable –Plan!
- Set SMART targets for revising (30-45minute chunks).
- Encourage children to use different revision techniques.
- Provide a bright, airy, quiet, clutter free revision space.
- Be conscious of the behaviour of siblings and other disruptions.
- Provide healthy snacks for your child.
- Encourage them to take regular breaks during their revision.
- Give children space when needed to avoid them feeling overloaded.
- Support your child in getting ready before the exams.